

Travel tells a story about who you are. Tell yours.

TODAY'S TOPIC

Travel is a topic everyone has something to say about, even if you have not travelled much. Where you have been, where you dream of going, and what travel means to you.

You do not need to describe big adventures. Talk about what travel actually means to you.

START HERE (SAY THESE OUT LOUD)

One sentence each. No writing. Just speak.

- What is the most beautiful place you have ever visited?
- Do you prefer travelling alone or with others?
- Is there a country or city you have always wanted to see?

If you get stuck, start with: "If I could go anywhere, I would..."
Say what comes to mind.

USEFUL WORDS AND PHRASES

Choose 2 or 3 that match how you actually talk about this topic.

to travel light	to pack only what you need <i>"I always try to travel light."</i>
a bucket list	a list of things you want to do before you die <i>"Seeing the Northern Lights is on my bucket list."</i>
culture shock	the feeling of confusion in a new country <i>"The first week I had a bit of culture shock."</i>
off the beaten path	a place that is not touristy or crowded <i>"We found a beautiful spot off the beaten path."</i>
a layover	a stop between flights <i>"We had a long layover in Dubai."</i>
to backpack	to travel cheaply and independently <i>"I backpacked through Southeast Asia for three months."</i>
homesick	missing home while you are away <i>"After two weeks I started to feel homesick."</i>
jet lag	tiredness caused by crossing time zones <i>"The jet lag hit me hard on day two."</i>

SPEAKING PRACTICE (CHOOSE 3 TO 5)

Answer out loud. 30 to 60 seconds each. Do not write. Just speak.

- What is a trip you will never forget? Why that one?
- Do you prefer travelling to cities or to nature? Why?
- What is the first thing you do when you arrive somewhere new?
- Is there a trip you would do all over again?
- What is the funniest or most uncomfortable thing that ever happened to you while travelling?
- Do you plan your trips carefully, or do you prefer to go with the flow?

GO FURTHER

Choose one. Speak for 1 to 2 minutes.

- Has the way you travel changed as you have gotten older? How?
- Do you think travel makes you a better person? Explain.
- Is there a place that disappointed you, or one that was far better than expected?

THIS WEEK'S SMALL ACTION

Tell someone in English about a place you have been to or want to visit.

Say where it is, why it matters to you, and what you would do there.

Once this week. That is enough.

Want more practice? The members edition has extended vocabulary, a partner activity, group discussion questions, and a real-life speaking structure.