

Lesson 7

Why “Bad English” Still Builds Fluency

February – Speaking Without Extra Pressure

What This Lesson Is About

This lesson is about speaking **even when your English feels bad.**

Not when it’s correct.

Not when it sounds fluent.

Not when you feel ready.

This lesson is about what actually helps you improve:
speaking anyway.

Key Idea

Fluency does not come from speaking well.

It comes from speaking often.

When you wait for better English, you practice less.

When you speak with imperfect English, your brain learns faster.

“Bad English” still works.

Stopping is what slows you down.

Why This Matters

Many learners stop themselves because they think:

- “My English is bad.”
- “I sound stupid.”
- “I should wait until I’m better.”

Because of this, they:

- speak less
- avoid conversations
- lose confidence over time

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The problem is not mistakes.

The problem is silence.

What “Bad English” Actually Looks Like

Bad English can be:

- short sentences
- wrong grammar
- missing words
- repeating yourself

For example:

- “Yesterday work long.”
- “I no understand.”
- “This difficult.”

This is not failure.

This is **real communication**.

People understand more than you think.

Actionable Tip (Use This Today)

When you want to speak:

1. Say the simplest version.
2. Do not fix it.
3. Do not apologize.
4. Stop or continue naturally.

One sentence is enough.

You don’t need to make it better.

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Listen & Repeat (Practice Phrases)

Say these out loud. Slowly.

1. "I no understand."
2. "Yesterday work long."
3. "This difficult."
4. "I try again later."
5. "That all."

These sentences are not perfect.
They still communicate clearly.

How to Use This in Real Life

Imagine someone asks:

"What did you do yesterday?"

You say:

"Yesterday work long."

You stop.

You don't fix it.

You don't explain.

The message is clear.

That is enough.

Short Example Dialogues (A / B)

Example 1

A: "How was your day?"

B: "Yesterday work long."

A: "Ah, busy day."

B: "Yeah. Very."

Example 2

A: "Do you understand the task?"

B: "I no understand."

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A: "Okay, I explain again."

B: "Thanks."

No correction needed.

The conversation continues.

Speaking Practice (In Class)

1. Say one short sentence about today
Example: "Today difficult."
2. Say it once
3. Stop

No fixing.

No repeating.

No apologizing.

Key Idea (Reminder)

Fluency grows from use, not perfection.

Bad English still builds fluency.

Speaking is the goal.

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