

Lesson 6

Letting the Sentence Be Imperfect

February – Speaking Without Extra Pressure

What This Lesson Is About

This lesson is about what to do when your sentence starts to fall apart.

Not how to fix it.

Not how to make it sound better.

Just what helps you stay clear instead of getting stuck.

Key Idea

When your sentence starts getting messy, stopping is often better than continuing.

Many learners block because they feel they must:

- finish the sentence
- explain everything
- repair mistakes while speaking

But pushing to finish often creates more pressure and confusion.

Stopping protects clarity.

Why This Matters

When learners try to:

- keep talking without the words
- fix grammar while speaking
- explain mid-sentence

They often:

- start rambling
- lose control of the sentence
- feel embarrassed
- block completely

Stopping early keeps speaking lighter and more controlled.

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Actionable Tip (Use This Today)

Say the main idea.

If the sentence starts breaking, stop.

You do not need to:

- restart the sentence
- fix grammar
- explain why you stopped

Stopping is already a strong choice.

Listen & Repeat (Practice Phrases)

Say these out loud. Slowly.

1. “Let me see...”
2. “Wait a second.”
3. “Never mind.”
4. “That’s enough.”
5. “I’ll stop there.”

These phrases end the moment cleanly.

You don’t need another sentence after them.

How to Use This in Real Life

Imagine someone asks:

“How was your day?”

You start speaking:

“It was actually pretty busy and I had a lot of—”

You stop:

“Let me see... yeah. Busy.”

You stopped.

You didn’t fix it.

The message is clear.

That is good speaking.

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Short Example Dialogues (A / B)

Example 1

A: "How was your meeting today?"

B: "It was kind of long and I had to— let me see... yeah. Long."

A: "That sounds tiring."

B: "Yeah. It was."

Example 2

A: "Did you enjoy the weekend?"

B: "I wanted to relax but I didn't really— never mind. It was okay."

A: "Okay is good sometimes."

B: "Yeah. Exactly."

Speaking Practice (In Class)

1. Start one sentence about today

Example: "Today was..."

2. Stop whenever it feels right

3. Do nothing after

No restarting.

No fixing.

No explaining.

Key Idea (Reminder)

Stopping is often clearer than continuing.

You don't need perfect sentences to be understood.

That is speaking.

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