

How to Agree and Disagree Naturally in English

(Intermediate, A2–B2)

1. Why It Matters


Agreeing and disagreeing is part of every real conversation — but many learners avoid it because they're afraid of sounding rude.


Polite disagreement doesn't need perfect grammar — it needs calm tone, small phrases, and connection.

You'll learn how to:

- Show agreement naturally
 - Disagree politely without tension
 - Keep conversations friendly and alive
-

2. Simple Ways to Agree

 Don't only say "Yes" or "I agree."

 Use short, natural phrases:

- "Exactly."
- "That's true."
- "Yeah, I feel the same way."
- "I couldn't agree more."
- "That's a good point."

Example:

A: I think speaking every day helps a lot.

B: Exactly — it builds confidence faster.

3. Polite Ways to Disagree

✗ Don't say "You're wrong."

✓ Use softeners — small words that make your opinion sound calm, not cold.

- "I see what you mean, but..."
- "That's true, though I'm not sure about..."
- "Maybe, but in my case..."
- "I get your point — I just think..."

Example:

A: Grammar is the most important part of English.

B: I see what you mean, but for me, speaking practice helps more.

4. Keep the Conversation Alive

Don't stop after agreeing or disagreeing — **add your reason.**

Formula: Agree/Disagree + Because + Example

Example:

- "That's true because real practice builds confidence."
 - "Maybe, but I find that reading helps me more."
-

5. Quick Practice

Take each sentence and respond naturally:

1 "English is hard to learn."

2 "Online lessons are better than books."

3 "You need to sound native to be fluent."

4 "Grammar doesn't matter."

Try one *agree* and one *disagree* for each.

6. Challenge for You

Join a short English chat or comment thread today.

Find one opinion and reply with:

"I see what you mean, but..." + your idea.

You'll sound confident and natural instantly.

7. Final Reminder

Confidence isn't about always agreeing — it's about expressing yourself clearly and kindly.

Speak, react, and stay calm — that's real communication.

 **Printable Tip:**

Write down 3 agree + 3 disagree phrases you like most.

Use one in your next chat.